



Trendy Mum



AFFIRMATION



**I am happy because the joy of the Lord
is my strength ⁽ⁱ⁾**

**I am healthy and strong. I am filled with
wisdom, and God's favour ⁽ⁱⁱ⁾**

I am taught of God and I am successful ⁽ⁱⁱⁱ⁾

**(Your Name) is beautiful / handsome and created
for signs and wonders on the earth ^(iv)**

**I can do all things through Christ who gives
me strength.**



**I am healthy and full of life. The life and Spirit of God
dwell in me ^(v)**



**The Lord is my shield from danger; He gives me
courage. ^(vi)**

**I grow like the palm trees and I will be tall like the
cedar trees. ^(vii)**

I am surrounded by positive influence at all times

I am a blessing to my family, friends and generation

**My mum will not weep over me but I will always be
a delight to her soul**

I will not die but live and declare the works of God. ^(viii)

I am a world changer!

(i) Nehemiah 8:10 (ii) Luke 2:40 [NLT] (iii) Isaiah 54:13 [CEV]

(iv) Isaiah 8:18 (v) John 1:4 (vi) Psalm 3:3 [GNT] (vii) Psalm 92:12 [ICB]

(viii) Psalm 118:17

